***EP Work - a rough guide to time allocation***

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| **Days of EP time bought** | **EP work done** |
| 3 | **A half term block of intervention**, e.g., a block of 5 CBT (Cognitive Behavioural Therapy) / Solution Focused / Coaching sessions with a staff member or student / a VIG case (three cycles of Video Interaction Guidance) |
| 2 | **A holistic assessment and detailed report** on a child / young person, including outcomes and recommendations. Commissioning will detail the assessment question(s). |
| 1.5 | **Consultation level involvement & a report** on a child / young person. |
| 1 | **A school visit day**, e.g., the EP is at school between 9am and 330pm |
| 0.5 - 1 | **Half day / day of virtual work**, e.g., parent surgery, attendance to Annual Reviews or other meetings / consultations. |
| 0.5 - 1 | **Review / Action Plan & brief write up** |
| 0.25 | **Solution Circle** (a structured problem solving tool taking 25 minutes, facilitated by an EP) |
| - | **Training** will usually use up the same amount of time for preparation as delivery, e.g., a full day of Inset delivered will use up 2 days of EP time. |